

# Nevada Union High School Water Safety Week



# Introduction To School Safety

## Table Of Contents

Slide

Video

3

Nevada Union Water Safety Video (12:31)

4-6

Cold Water Facts



# Nevada Union Water Safety Video

4th Period



# Cold Water Facts

- It takes less than ½ cup of water in a person's lungs to drown.
- On an average year (3,000 cfs) Nevada County River's have 5 drownings.
- This year's projected flow is expected to reach in excess of 8,000 cfs.
- Current water temperatures are around 50 degrees and they will continue to decrease into the upper 40's.



# Cold Water Facts



| Water Temperature in Degrees F | Loss of Fine Motor Skills | Exhaustion or Unconsciousness |
|--------------------------------|---------------------------|-------------------------------|
| 40-50                          | Under 5 min               | 30-60 min                     |

# Stay Out and Stay Alive!

